## JINDAL FIRST GRADE COLLEGE FOR WOMEN

(Managed by Pragun Jindal Philanthropic Organization) Jindal Nagar, Tumkur Road, Bengaluru – 560073





# **NATIONAL SERVICE SCHEME (NSS)**

ANNUAL REPORT

(2018-19)

The **National Service Scheme** (**NSS**) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The overall objective of National Service is Educational. This objective is attained through the service to the community.

### **ACTIVITIES CONDUCTED**

# **Regular Activities:**

### **International Yoga Day:**

Yoga is essentially a spiritual discipline based on an extremely subtle Science, which focuses on bringing harmony between mind and body. It is an art and science for healthy living. On the occasion of **International Yoga Day** was celebrated on 21 June 2018. Mr. Deelipkumar, Yoga Instructor in Jindal Nature Cure was the chief guest who spoke about the importance of Yoga in leading a healthy life. The event was presided by Mr. Deeraj Singh, Dept, Chairman, JFGCW, School HM, School AHM, followed by our College Principal Dr C Sevithaya and Vice Principal Prof Shobha M did sapling of the plant for inauguration after that our Students performed various asanas which marked the event.

### **Inauguration and Orientation programme:**

Jindal First Grade College for Women affiliated to start NSS unit under Bangalore University in the academic year 2018-19. The NSS Unit was inaugurated for the academic year 2018-19 by Mrs. Dakshayani M, NSS Program officer, NSS State Awardees, MLA Academy of Higher Learning and Mr. Dilip. C .S, Coordinator, Youth Red Cross on 14<sup>th</sup> September 2018. The guest spoke about the importance and roll and responsibility of NSS Volunteers, activities in NSS, and working for a campus-community linkage. Students who are interested in social works have opportunities to work



in this field. Students got motivated from the both the guests and got awareness about the social responsibilities.

### Swatch Bharath Abhiyana (Sharmadhan Regular Activities):

Swachh Bharat Abhiyan and it also called as the Clean India Mission or Clean India drive or Swachh Bharat Campaign. It is a national level campaign run by the Indian Government to cover all the backward statutory towns to make them clean. Under this our NSS volunteers have done regular sharmadhan activities in our college campus, out of the college, road sides, college bus stops, park area and college surrounding slum area.

### Gnandhi Jayanthi:

Gnandhi Jayanthi was celebrated on 2<sup>nd</sup> October 2018 at college by NSS Unit on account of Birthday of Mahatma Gandhi, He is also known as the "Father of The Nation" to Create positive views and thinking's about the Nation through Gandhi's values.

#### **Republic Day:**

Republic day was celebrated on 26 January 2019 Dr. Sitaram Jindal, ND, DSc, founder of Jindal Aluminium Limited, and Patron & Chief Architect of the Sitaram Jindal Foundation and its associate Trusts. And Mr.Pragun Jindal Khaitan serves as a Trustee of Sitaram Jindal Foundation. He is also Managing Director of Jindal Aluminium Limited hosted the Flag. All NSS volunteers members presented in program.

# **Extension Activities:**

# Swatch Bharath Abhiyana: Say no to plastic:

On 15<sup>th</sup> September 2018 the NSS Unit organized and observance of Swachh Bharat Abhiyan and it also called as the Clean India Mission or Clean India drive or Swachh Bharat Campaign. It is a national level campaign run by the Indian Government to cover all the backward statutory towns to



make them clean. Under this we have done the cleaning activity at Mylanahalli village, Nelamangala, Bangalore Rural

#### Awareness on Say no to plastic:

On 15<sup>th</sup> September 2018 the NSS Unit organized and observance of Swachh Bharat Abhiyan under that we conducted awareness through awareness through a Street Play at Mylanahalli village, Nelamangal, Bangalore Rural.

### **Plantation and Go Green awareness:**

On 15<sup>th</sup> September 2018 the NSS Unit organized and observances of Swachh Bharat Abhiyan under that we conducted awareness create awareness of go green affect in village. 20 saplings were planted near School and temple at Mylanahalli village, Nelamangal, Bangalore Rural.

### Awareness, Bike rally & Walkathon on Build peaceful Nation:

On 02<sup>nd</sup> October 2018 in account of Gandhi Jayanthi and 150th birthday celebration of Mahatma Gandhi, Bangalore University NSS Cell Collaboration with Gandhi Bhavan jointly organized awareness to raise peacefulness Nation build through bike rally and walkathon rally will be start from racecourse Road to Gandhi Bhavan.

### Self Awareness programme under "Saahasi mission":

On 30<sup>st</sup> October 2018, Bangalore University NSS cell organized "Saahasi mission" Self Awareness programme for women, Smt. Shruthi, Kannada Film Actor, inaugurated the programme and specialized Karate masters Preformed and teach self defense or self protection technique. And main core of this program is Self-protection for women is in several critical conditions face day-to-day life.

#### National Youth Day Celebration(Awareness on Bad effect of alcohol through walkathon:

National Youth Day was celebrated on 12<sup>nd</sup> January 2019 by NSS Unit on account of Birthday anniversary of Swamy Vivekanand on this occasion our NSS unit conducted Walkathon to raise Public Awareness about Bad effects of alcohol, smoking and drug addiction at surrounding anchepalya, Manjunath Nagar and Buddhajyothi Layout.



# **PHOTO ALBUM**





International Yoga Day Inauguration with sapling of the plant by Chief Guest







Yoga Display and food facilitated for students





The Inauguration Ceremony of NSS and Red Cross.





**The** 

Invocation by NSS volunteers and Orientation by Mrs. Dakshayani M





**Group Photo NSS volunteers** 



**150**<sup>TH</sup> Birth Day Celebration and Rally









Gandhi Jayanthi Celebration at College







Self Awareness programme under "Saahasi mission"





Swatch Bharath Abhiyana





Awareness on Say no to plastic through Skit







Plantation and Go Green awareness















National Youth Day Celebration (Awareness through walkathon on Bad effect of smoking & alcohol)



